

The book was found

# American Wasteland: How America Throws Away Nearly Half Of Its Food (and What We Can Do About It)



## Synopsis

Grocery prices and the forsaken foods at the back of your fridge seem to increase weekly. After reading *American Wasteland*, you will never look at your shopping list, refrigerator

## Book Information

Paperback: 384 pages

Publisher: Da Capo Lifelong Books (August 30, 2011)

Language: English

ISBN-10: 0738215287

ISBN-13: 978-0738215280

Product Dimensions: 6 x 1 x 9 inches

Shipping Weight: 1.4 pounds (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars [See all reviews](#) (28 customer reviews)

Best Sellers Rank: #54,091 in Books (See Top 100 in Books) #12 in [Books > Science & Math > Agricultural Sciences > History](#) #78 in [Books > Business & Money > Economics > Environmental Economics](#) #87 in [Books > Science & Math > Environment > Environmentalism](#)

## Customer Reviews

Bloom addresses an issue of incredible importance that most Americans rarely consider - food waste - and shows how we can impact this problem with relative ease. He covers key aspects of the food waste problem, including our culture of abundance, our obsession with perfect produce, and the ease of discarding food as trash - all of which lead to what he refers to as the "coexistence of hunger and food waste" - leading the U.S. to waste \$160 billion in food annually while roughly 50 million Americans are food insecure. He also notes the environmental problems associated with food waste - greenhouse gas emissions from decaying food, consumption of limited landfill space, negative impact on groundwater, and fossil fuel consumption in the transport of food waste. Bloom reveals a dangerous cycle regarding food: We're wasting resources by growing too much, and in the process depleting our soils, using too much fertilizer with negative environmental effects, and depleting our water supplies while we then use additional resources to haul the excess to landfills where it causes further harm to the environment while millions remain hungry. It's a cycle that we need to break - and to do so we need a change of mindset. Bloom notes that we should think of food waste as an opportunity - and we should take action to harness food waste to feed the hungry while also improving the environment and the economy. He points out that we "devalue" food by providing

large quantities of cheap, unhealthy food to our kids - thereby reinforcing the ease of discarding food and perpetuating the cycle noted above.

[Download to continue reading...](#)

American Wasteland: How America Throws Away Nearly Half of Its Food (and What We Can Do About It) The Ultimate Fallout Guide: A History of the Wasteland and an In-Depth Look at What Makes the Series So SPECIAL (Fallout, Fallout 2, Fallout 3, Fallout: New Vegas, and Fallout 4) 100 Exotic Food Recipes (Puerto Rican Food Recipes,Picnic Food RecipesCaribbean Food Recipes,Food Processor Recipes,) Tiger Heart: My Unexpected Adventures to Make a Difference in Darjeeling, and What I Learned about Fate, Fortitude, and Finding Family Half a World Away Half-Bloods Rising (Half-Elf Chronicles Book 1) If You Can Keep It: Why We Nearly Lost It & How We Get It Back The City in History: Its Origins, Its Transformations, and Its Prospects Francis Parkman : France and England in North America : Vol. 2: Count Frontenac and New France under Louis XIV, A Half-Century of Conflict, Montcalm and Wolfe (Library of America) ORGANIC COOKBOOK: Healthy And Delicious Baby Food Recipes Which Are Nutritious And Easy To Cook (organic food, food recipes, nutritious food) Homemade Baby Food: 17 Wholesome Baby Food Recipes for Easy, Nutritious, and Delicious Homemade Baby Food (How to Make Baby Food) Raw Food Diet: 50+ Raw Food Recipes Inside This Raw Food Cookbook. Raw Food Diet For Beginners In This Step By Step Guide To Successfully Transitioning ... Vegan Cookbook, Vegan Diet, Vegan Recipes) Raw Food: Lazy Man's Guide To Raw Food Success (raw food, raw vegan, raw food diet, raw vegan diet, 801010, 801010 diet,) Witness to the Revolution: Radicals, Resisters, Vets, Hippies, and the Year America Lost Its Mind and Found Its Soul The Metabolism Miracle Cookbook: 175 Delicious Meals that Can Reset Your Metabolism, Melt Away Fat, and Make You Thin and Healthy for Life The Reboot with Joe Juice Diet Cookbook: Juice, Smoothie, and Plant-powered Recipes Inspired by the Hit Documentary Fat, Sick, and Nearly Dead Southern Cooking: for beginners - Simple Southern Food Recipes - Old South Recipes (Southern Food - Southern Meals - Southern Recipes - Soul Food - American Cuisine Book 1) The Reboot with Joe Juice Diet - Lose weight, get healthy and feel amazing: As seen in the hit film 'Fat, Sick & Nearly Dead' The \$64 Tomato: How One Man Nearly Lost His Sanity, Spent a Fortune, and Endured an Existential Crisis in the Quest for the Perfect Garden True Strength: My Journey from Hercules to Mere Mortal--and How Nearly Dying Saved My Life The Great Earthquake and Firestorms of 1906: How San Francisco Nearly Destroyed Itself

[Dmca](#)